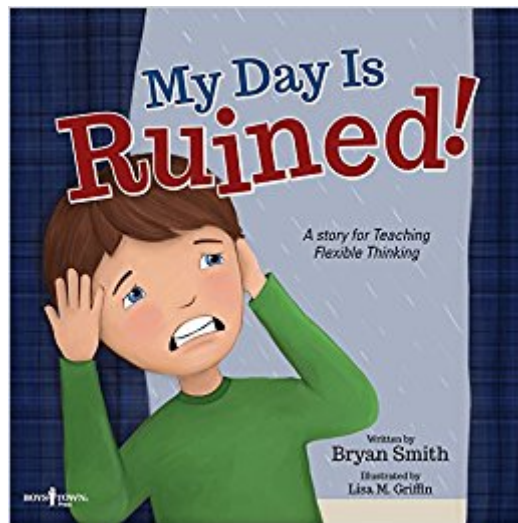




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# My Day Is Ruined!: A Story Teaching Flexible Thinking (Executive Function)



## Synopsis

Braden was so excited for his upcoming Championship baseball game! The night before he dreamt of that moment]] THE moment]]the ooohs and ahhs of the crowd as he scored the game-winning run! But imagine his surprise when he woke up to pouring rain]]and NO GAME! This, coupled with some events at school that don't go his way, send Braden on an overreaction tailspin! Will Braden be able to recover from his overreacting tendencies and practice the tips of flexible thinking that his teacher and mom teach him? Find out in another comical story by Bryan Smith

## Book Information

Series: Executive Function (Book 2)

Paperback: 31 pages

Publisher: Boys Town Press (September 1, 2016)

Language: English

ISBN-10: 1944882049

ISBN-13: 978-1944882044

Product Dimensions: 8.8 x 0.1 x 8.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 30 customer reviews

Best Sellers Rank: #5,569 in Books (See Top 100 in Books) #35 in [Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners](#) #56 in [Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect](#) #88 in [Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings](#)

Age Range: 4 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

This is a good intro to learning about flexible thinking. My son has major issues with being stuck sometimes. It would better suited for a classroom setting or a counselors office as we have read it several times and "get" the message pretty well.

Another "Lesson" book that I use with my students. This helps my students with autism to learn about social situations.

Great book to use in school counseling.

Great one! My 6 year old with HFASD who is also super smart, actually giggled at parts because when knew that she did the exact same things as the boy in the story. It's also given us some talking points through out our days when she overreacts to problems.

Excellent book, great for my students.

It was a little long for 2nd graders. Didn't keep their attention. It it probably better suited to 3rd and 4th graders.

A good social story type book for school age children

EXCELLENT book for children with anxiety.

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